

# Sepi XIV

# Society for the Exploration of Psychotherapy Integration

XIV International Conference Theme: Integration without frontiers?

> July 2-5,1998 Colegio Oficial de Médicos de Madrid Santa Isabel, 51 28012 Madrid

#### **SEPI:** Society for the Exploration of Psychotherapy Integration

Fourteenth Annual Conference "Integration Without Frontiers?" July 2-5, 1998 Colegio Official de Médicos, Madrid

Dear Colleague:

The Society for the Exploration of Psychotherapy Integration (SEPI) is pleased to announce its fourteenth annual conference "Integration Without Frontiers?", SEPI XIV, to be held at the Colegio Official de Medicos in Madrid, Spain. SEPI was formed in 1983, springing out of the growing interest of an ever evolving group of psychotherapists, theoreticians, and researchers to dialogue and cross the frontiers that separate traditional schools of psychotherapy, combine and integrate theories, utilize techniques and strategies from different persuasions, and identify underlying common factors: let's tear down the Berlin Wall of psychotherapy!

**SEPI XIV**, under the general heading "**Integration Without Frontiers?**", is rich in content and will bring together some of the most active, as well as new contributors to share their latest ideas, data and projects. These will be offered in workshops, panels, symposia, discussion groups and informal chats. SEPI conferences are aimed at all those mental health professionals and students interested in issues related to psychotherapy integration, flowing in a very pleasant, convivial, and informal climate.

The conference will be held at the **Colegio Official de Medicos**, an excellent building located in the heart of beautiful Madrid. In the close vicinity of the conference site is the Museum of Prado, Museum Reina Sofia, the Botanical Gardens, the Thysen-Bornesmiza Foundation, and lovely Madrid old quarters. The Lisbon World Fair (Expo98), the latest this century, is also being held during the time of the conference. Lisbon, in Portugal, a neighbor country, is about 400 miles from Madrid.

We are waiting for you in Madrid this July, with science, sun and vino. Welcome!

#### **Steering Committee**

Diane B. Arnkoff, Ph.D. Catholic University

Carol R. Glass, PK.D. Catholic University

Marvin R. Goldfried, Ph.D SUNY at Stony Brook

George Strieker, Ph.D. Adelphi University

Paul L. Wachtel, Ph.D. City College of CUNY

Barry E. Wolfe, Ph.D. American Schools of Professional Psychology

#### **Local Arrangements**

Carlos Mirapeix, M.D. Instituto de Estudios Psicoterapéuticos

#### **Program Chair**

Antonio B. Vasco, Ph.D. University of Lisbon

#### Scientific Committee

Antonio B. Vasco Arthur Bohart Carlos Mirapeix Robert Rosenbaum Guillem Feixas Beatriz Gomez

#### **Orfanizing Comittee**

Carlos Mirapeix María Dieguez Beatriz Rodriguez Vega

#### **Advisory Board**

Reiner H. E. Bastine, Ph.D. Aaron T. Beck, M.D.

Allen E. Bergin, Ph.D.

Lee Birk, M.D.

Sidney J. Blatt, Ph.D

Sjoerd Colijn, M.A.

Carlos Mirapeix Costas, M.D.

Gerald C. Davison, Ph.D.

Windy Dryden, Ph.D.

Irene E. Elkin, Ph.D.

Guillem Feixas, Ph.D.

Herbert Fensterheim, Ph.D.

Hector Fernandez-Alvarez, Ph.D.

Sol L. Garfield, Ph.D.

Leslie S. Greenberg, Ph.D.

Edgar Heim, M.D.

Winfred Huber, Ph.D.

Serban lonescu, M.D., Ph.D.

Marjorie H. Klein, Ph.D.

Arnold A. Lazarus, Ph.D.

Harold I. Lief, M.D.

Marsha M. Linehan, Ph.D.

Lester Luborsky, Ph.D.

Michael J. Mahoney, Ph.D.

Donald H. Meichenbaum, Ph.D.

#### Alberto Fernandez Liria David Mustieles Vicente Ibáñez

#### **Conference Secretary**

Instituto de Estudios Psicoterapéuticos c/Pedrueca5, 1°B Santander 39003 Spain Telf: (34)(942)(223301) Fax: (34)(942)(223894) e-mail: <u>iep@sarenet.es</u>

#### **In Collaboration with:**

Federación Española de Asociaciones de Psicoterapeutas Asociacion Española de Neuropsiquiatría. Sociedad Española para la Integración de la Psicoterapia Instituto de Estudios Psicoterapéuticos. Santander Stanley B. Messer, Ph.D.

Stephen Mitchell, Ph.D.

Martin T. Orne, M.D., Ph.D.

Morris B. Parloff, Ph.D.

Douglas H. Powell, Ed.D.

Carolyn Saari, Ph.D.

Aristide Saggino, Ph.D.

David A. Shapiro, Ph.D.

M. Katherine Shear, M.D.

Hans H. Strupp, Ph.D.

Antonio Branco Vasco, Ph.D.

Jerome C. Wakefield, D.S.W.

# THURSDAY, JULY 2

8:30 - 14:00 and 15:00 - 20:30:

**Registration, Information, and material for the Conference** 

#### **PRE-CONFERENCE WORKSHOPS**

Morning Workshops: 10:00 a.m. - 2:00 p.m. (10:00 - 14:00)

**Workshop 1**: Integrative Interventions With Four Types of Personality Disordered Clients: A Cognitive Appraisal Approach. Richard L. Wessler, Pace University, New York; Sheenah Hankin Wessler, & Jonathan Stern, Cognitive Therapy Associates (U.S.A.).

Based in part on attachment theory research, Millon's approach to personality formation, and affect theory (e.g., Tornkins, Nathanson), Cognitive Appraisal Therapy (CAT) is an integrative approach to treatment with personality disordered clients which assumes the interdependence of the psychological modalities of affect, behavior and cognition, with affect seen as first among equals. The model assumes that excessive affect stemming from primary attachments, in particular shame, anger and self-pity, expressed or unexpressed, underlie the personality disorders. Maladaptive interpersonal patterns and beliefs are therefore seen as driven by and recreating these longstanding feelings. Thus, while this approach uses cognitive, behavioral and interpersonal interventions, it also employs emotional interventions to address emotional issues.

In this workshop, the theory and therapeutic model of CAT will be presented and applied to working with dependent, avoidant, narcissistic and histrionic clients. This will be followed by demonstrations by the presenters in raising, managing and modifying affect. Other technical innovations which will be demonstrated include the therapist's expressing anger and inducing guilt and shame to promote change, and teaching personality disordered parents to interact in a logical rather than an affect-driven way with their children.

**Workshop 2:** Constructivist Contributions to Psychotherapy Integration. Guillem Feixas, Professor of Psychotherapy at the University of Barcelona, Director of a three year master course entitled "Cognitive Social Therapy" based on constructivist epistemology, Barcelona (Spain).

Constructivism provides many useful insights and orientations in the different modalities of psychotherapy integration. In the area of technical eclecticism, guidelines for the selection of techniques in function of the types of client are presented. In the area of theoretical integration, several main proposals are reviewed. After describing the practical advantages of these contributions, the central part of the workshop is devoted to the identification of change mechanisms and their relationship to therapeutic techniques. Several case examples are presented to illustrate how different techniques may influence the construction process. Afternoon Workshops: 4:00 p.m. - 8:00 p.m. (16:00 - 20:00)

**Workshop 3**: Cognitive Analytic Therapy - An Introductory Workshop. Shakir Shyam Ansari, Consultant Psychiatrist for the Oxleas NHS Trust and a Senior Lecturer in Psychiatry at the United Medical and, Dental Schools of Guy's and St. Thomas' Hospitals (University of London), London (U.K.).

Cognitive Analytic Therapy is a time limited, integrated focused model of therapy incorporating ideas and methods derived from psychoanalysis, personal construct theory, cognitive-behavioral approaches, and developmental and cognitive psychology. After naming the sources of CAT and the context that led to its organic growth and development, its key features will be described. Using the Procedural Sequence Object Relations Model as its cornerstone, the theory and practice of Cognitive Analytic Therapy will be elaborated in the workshop. It is intended to clarify CAT principles in order to demonstrate the emergence of CAT as both a complete therapy that brings about change and a model for conceptualizing personality-based and interpersonal issues.

**Workshop 4**: *Integrative Group Psychotherapy*. Hector Fernandez-Alvarez, Professor of Psychotherapy and Professor at the Post Graduate Program at the Universidad de Belgrano. Invited professor in Universities in America and Europe. AIGLE. Buenos Aires (Argentina).

The workshop presents group psychotherapy as a privileged procedure, and the therapeutic group as an instrumental means to accomplish the general goals of psychotherapy: change processes which imply the transformation of the organization of personal experience by producing modifications in the matrix of meanings. The necessary conditions for the use of group psychotherapy will be developed in this workshop as well as the functioning of therapeutic groups, based on premises, rules and systems which regulate their conformation and the dynamics of the interaction within them. The application of theoretical principles specific to integrative groups will be demonstrated through the use of video tape.

# FRIDAY - JULY 3

(Times of events have not yet been set)

#### **Opening Remarks and Announcements**

#### **Plenary Sessions:**

Arriving at psychotherapy from a psychodynamic and cognitive behavioral orientation. Paul L. Wachtel, City University of New York (U.S.A.).

*From interpretation to comment: truth and meaning in psychotherapy*. Alberto Fernandez Liria, University of Alcala de Henares, Madrid (Spain).

#### Symposia:

#### I - Metatheoretical issues in psychotherapy integration.

*Paradigmatic complementarity: facts, possibilities and implications.* Antonic B. Vasco, University of Lisbon, Facultade de Psicologia de Ciencias da Educacao, Department of Psychology, Lisbon (Portugal).

Applying the tragic, comic, romantic, and ironic visions of reality to a clinical case. Stanley Messer, Rutgers University, New York (U.S.A.).

*Epistemologicat assumptions and the therapeutic role relationship.* Jeremy, Safran, New School for Social Research, New York (U.S.A.).

Social, personal, and theoretical assumptions in the construction of theory and a clinical approach. Paul 1. Wachtel, City University of New York (U.S.A.).

#### **II - Integrating hope and despair.**

This symposium discusses some of the diseases of hope and the work ofdesp We will discuss the importance of faith (as opposed to hope) and acceptance (as opposed to resignation), and the paradox of how change often is connect to a sense of openness rather than willful pursuit of a particular desired goa Robert Rosenbaum, Kaiser Psychiatry Department, Oakland (U.S.A.); Jererr Safran, New School for Social Research, New York (U.S.A.); Hector Fernandez-Alvarez, AIGLE, Buenos Aires (Argentina).

#### **III - Integrative training in pre-graduates.**

*The function of medical psychotherapy in medical training curriculum.* Antonio Medina, Medical School, University of Cordoba, (Spain).

Integrative psychotherapy and its training application to medical studies. Maria Jose Moreno, Medical School, University of Cordoba, (Spain).

Integrated training of psychoanalytic psychotherapy inside the MIR training program. Miguel Angel Gonzalez, Medical School, UPV, Bilbao, (Spain).

Integration in psychotherapy and training in psychotherapy in the psychology curriculum. Guillem Feixas, Faculty of Psychology, Barcelona University. (Spain).

Training for practicing psychotherapy in the public sector. Alberto Fernandez de Liria, Medical School, University of Alcala de Henares, Madrid, (Spain)

**IV - Constructivism and integration in psychotherapy.** 

*Psychotherapy integration and experiential personal construct psychology.* Larry Leitner, Miami University, Oxford Ohio, (U.S.A.).

The client as constructivist: implications for integration. Arthur C. Bohart Karen Tallman, Department of Psychology, California State University Dominguez Hills, (U.S.A.).

#### **IV** - Constructivism and integration in psychotherapy (con't)

*The grid technique as a tool to formulate clinical integrative hypotheses.* Guillem Feixas, Faculty of Psychology, University of Barcelona, (Spain).

A narrative / constructivist approach to loss and grieving as a means to combine therapeutic techniques. Olga Herrero & Luis Botella, Faculty of Psychology and Sciences of the Education Blanquerna, Department of Clinical Psychology, Barcelona (Spain).

#### V - Some new developments in psychotherapy integration

*Proposal for a general model of integrated psychotherapy.* Carlos Mirapeix, Master training program in Psychotherapy, Deusto University/OMIE Foundation, Bilbao, Institute for Psychotherapeutic Studies, Santander (Spain).

*Multidimensional psychotherapy*. Jose L Gonzalez de Rivera, Catedrático de Psiquiatría, Jefe de Servicio de Psiquiatra del Hospital de la Concepción, Madrid (Spain).

A time-efficient research-based, outcome-measured psychotherapy training program. Bernard Beitman, Columbia Missouri University, Missouri (U.S.A.).

*Enter into a new paradigmatic stage.* M<sup>a</sup> Soledad Blanco Jimenez, Institute for Psychotherapeutic Studies, Santander, (Spain).

#### VI - Integrative approaches to schizophrenia.

Dilemmas and controversies in the treatment of schizophrenia: from adding (methods and techniques) to integration. M. Fernandez Monsalve; J. Mas Hesse; F. Mayoral Clerics; N. Jimeno Bulnes; C. del Álamo Jimenez, Madrid. (Spain).

*Integrative psychotherapy in paranoid schizophrenia.* Humberto Guajardo Sainz & Ximena Rojas Núñez, Centre Científico de Desarrollo Psicológico, (CECIDEP), Santiago de Chile, (Chile).

#### Workshops:

Cognitive therapy for therapists of other persuasions. Richard L. Wessler, Pace University, New York (U.S.A.).

Systems therapy for therapists of other persuasions. Robert Rosenbaum, Kaiser Psychiatry Department, Oakland (USA).

*Practical questions in combining medication and psychotherapy*. Carlos Mirapeix, L. Aguilera, & R.Ruiz, Institute for Psychotherapeutic Studies, Santander (Spain).

*The developmental profile-psychodynamic diagnosis of personality*. R. E. Abraham, Rijks Universiteit, Leiden (Holland).

Neoxamanism: integration of traditional therapies and constructivistic models, (experiential/transcultural). Jose M. Poveda, Madrid Medical School, Psychiatry Department, UAM, Madrid, (Spain).

#### **Individual Papers - Session 1**

Integrative and eclectic psychodynamic therapy: a Mexican model for treating psychological disorders. Roberto Escandón Carrillo, Centra de Estudios en Psiquiatra y Psicoterapia, México.

The relevance of psychoeducation in the different stages of treating panic with agoraphobia. Daniel Bogiazian & Rodolfo Liceaga, AYUDA Asociation, Buenos Aires (Argentina).

Affect and cognition in the treatment of anxiety and depression. Ricardo Ruiz, La Plata (Argentina).

*Hypnosis and suggestion adapted to the treatment of psychosis.* Adolfo Garcia de Sola Marquez, Coordinator of a Therapeutic Community, Sevilla (Spain).

Therapeutic processes with female patients. Noemí Galera, Buenos Aires (Argentina).

#### **Individual Papers - Session 2**

*Epistemological pre-requisites for an open process of psychotherapy integration.* Thomas Slunecko, University of Vienna, (Austria).

Psychological concepts in psychotherapy. Olger Storfjell, Lillestrom, (Norway).

Unity in diversity and diversity in unity/means integration into one psychotherapy. Irmgard Oberhummer, Psychiatrist in Free Practise Ogvt, Aabt, Vienna (Austria).

*One epistemology, multiple paradigms.* Jose Luis Fernandez Sastre, Complejo Hospitalario Provincial-Rebullon, Jefe Clfnico de la Unidad de Agudos, Pontevedra (Spain).

Two languages, one vocabulary. Zoltan Gross, Private practice. (USA)

#### **Discussion Groups - Session 1**

*Simplicity as a unifying meta-principle in psychotherapy integration.* Shlomo Ariel, Integrative Psychotherapy Center and Co-Director of the Integrative Psychotherapy, Israel.

#### **Discussion Groups - Session 2**

*Psychometric aspects of the developmental profile and its clinical relevance.* H. L. Van, Psychiatric Hospital, Amsterdam (Holland).

# **SATURDAY - JULY 4**

#### (Times of events have not yet been set)

#### **Plenary Sessions:**

*Modalities and limitations of the therapist personal style.* Hector Fernandez-Alvarez, AIGLE, Buenos Aires (Argentina).

Therapeutic impasses. Jeremy D. Safran, New School for Social Research, New York (U.S.A.).

#### Symposia:

#### I - Coping with the angry patient.

Five perspectives on dealing with direct and indirect expressions of anger by patients and therapist's reactions will be presented. A case and session transcript will be provided as a starting point. Speakers will argue for and against discussing the patient-therapist relationship and present a model of impasse resolution. Rebecca Curtis, Institute of Advanced Psychological Studies, Adelphi University, New York (U.S.A.); Herbert Fensterheim, Institute of Advanced Psychological Studies, Adelphi University, New York (U.S.A.); Stanley Messer, Rutgers University, New York (U.S.A.); Jeremy Safran, New School for Social Research, New York (U.S.A.); Stephen A. Diamond, Pacific Graduate School of Psychology (USA).

#### **II - World views and the therapeutic alliance.**

Clients' and integrative psychotherapists' worldviews: their impact on the therapeutic alliance. Antonio B. Vasco (chair), University of Lisbon; Joao Chambel, Technical University of Lisbon, (Portugal).

*Clients' and psychodynamic therapists' worldviews: its impact on the therapeutic alliance.* Fernando Silva, Superior Institute of Applied Psychology, Lisboa; Antonio B. Vasco, University of Lisbon, (Portugal).

From 1 x 1 to x n: impacts of therapeutic formats on the therapeutic alliance. Ana L. Botas, Claudio Fernandes, Gabriel Guiomar; Jose Simoes, Technical University of Lisbon, (Portugal).

Are all psychotherapies narratives? Telmo M. Baptista, University of Lisbon, (Portugal).

#### **III - Cultural issues in psychotherapy.**

*Gender and psychotherapy.* Beatriz Rodriguez Vega, Psychiatry Department Hospital de la Paz, UAM, (Spain).

*Cultural origins of integration in psychotherapy*. Isabel Caro, Valencia University, (Spain).

Cross-cultural psychotherapy: an integrative model. Shlomo Ariel, Co-Director of the Integrative Psychotherapy Center, Israel (Israel).

*Integration of cultural elements in psychotherapy*. Luis Caballero, Psychiatry Department Clinica Puerta de Hierro, UAM, (Spain).

**IV** - Research on psychotherapy integration: an international overview.

A review of psychotherapy integration research. Carol R. Glass & Diane Arnkoff, Catholic University, Department of Psychology, Washington (U.S.A.).

Integration between the idiosyncrasy of individual therapy and the scrutiny of research. Franz Caspar, University of Bern, Institut fur Psychologie, Bern (Switzerland).

*Current research on psychotherapy integration in South America*. Elena Scherb, AIGLE, Buenos Aires (Argentina).

**V** - Team work and integration in psychotherapy.

Beatriz Gomez, AIGLE, Buenos Aires (Argentina). Antonio Nieto, Instituto de Estudios Psicoterapéuticos, Santander (Spain); Verinica Bagladi, CECIDEP, Santiago de Chile, (Chile); Hans Welling, Technical University, Lisbon (Portugal).

#### VI - Listening integratively through psychodrama.

*Therapeutic rites.* M"Sol Filgueira Bouza, President of the Spanish Association of Psychodrama,(Spain).

*Familiar myths in psychosomatic illness, a psychodramatic view.* Pablo Poblacion Knappe, ITGP, Spanish Association of Psychodrama, Madrid (Spain).

Design for promoting therapeutic change in depressed patients. M<sup>a</sup> Angeles Egido, Spanish Association of Psychodrama, Bilbao (Spain).

Constructions and re-constructions: a way of applying psychodrama in individual psychotherapy. Teodoro Herranz, Spanish Association of Psychodrama, Prof of Psychology CEU, Madrid (Spain).

#### Workshops:

*Experiential therapy for therapists of other persuasions*. Arthur C. Bohart, Department of Psychology, California State University Dominguez Hills, California (U.S.A.).

The interpersonal dynamics of the therapeutic relationship. Zoltan Gross, Private Practice, (USA).

The application of integrative therapy principles in the prevention, confronting, and rehabilitation in crises and massive emergencies. Jacinto Inbar, Universidad Hebrea de Jerusalem, Centre Etgarim de Terapia Integrativa, Israel (Israel).

*Different technical approaches to grief.* G. Feixas, A. Aparicio & I. Diaz, University of Barcelona, (Spain); Carlos Mirapeix & B. Gil, Instituto de Estudios Psicoterapéuticos, Santander (Spain).

Dreaming narratives, narrating dreams: an Adlerian/ constructivist integrative approach to the use of dreams in psychotherapy. Ursula E. Obsert & Luis Botella Garcia del Cid, Private Practice, Barcelona (Spain).

#### **Individual Papers - Session 3**

*Hyperventilation: the failure of a physiological-psychological integrated approach to treatment.* Herbert Fensterheim Ph.D., Cornell University Medical College, Institute of Advanced Psychological Studies, New York (U.S.A).

*Psychotherapy integration: frontiers in management and in the research process.* Finn Rasborg, Psychological Clinic, (Denmark).

Clients' initial problems and symptoms perceived from three different perspectives: do these perspectives measure the same thing?. Michael Martens, Wolfgang Hass, Angela Steffan, & Hilarion Petzold, European Academy for Psychosocial Health, Dusseldorf (Amsterdam).

*Injecting integrative process and content into monotheoretical training systems.* Jam H. P. De Vries, BC, Castricum (Holland).

#### **Individual Papers - Session 4**

Application of Prochaska's and DiClemente's transtheoretical model to disorders. H. Diaz Moreno & J. Ramos Garcia, (Psicólogo clínico), SSM Arganzuela, Servicio de Psiquiatn'a, Hospital Universitario "12 de Octubre", Madrid (Spain).

*The therapeutic power of mental imagery: scientific status and applications.* Ramón Rosal Cortes, Director del Institute Erich Fromm de Psicología Humanista, Barcelona (Spain).

The personal and professional development of the psychotherapist in Spain: a general perspective. Montserrat Alonso Alvarez, Becaria investigación pre-doctoral, Facultad de Psicología de la Universidad de Salamanca, Salamanca (Spain); Alejandro Ávila Espada, Catedrático de Psicología, Universidad de Salamanca (Spain); Isabel Caro, Universidad de Valencia; Antonio Garcia de la Hoz, Universidad de Salamanca, Salamanca (Spain).

*Life stages in group therapy: a brief therapy program.* M<sup>a</sup> Dolores Gomez Castillo, Psicóloga Clínica del INSALUD, Centro de Atención de Salud, Albacete (Spain).

#### **Individual Papers - Session 5**

*Developmental level and compliance.* Fernando Fradique Ph.D., University Of Lisbon, Profesor de Psicologia e Ciencias de Educacao, Lisbon (Portugal); Aurelio Pamplona, M.A., Private Practice, Lisbon (Portugal). *Therapeutic implications of a social-interaction-model for the traumatized self.* Willi Butollo, Institut fur Psychologie, University of Munich, Munchen (Germany).

*Transcending division: toward an existential depth psychology.* Stephen A. Diamond, Pacific Graduate School of Psychology, (USA).

From persuasion to co-construction: contributions to constructivism. Ricardo Ramos Gutierrez, Docente Supervisor de la Escuela de Terapéutica del Hospital de Snt Pau, Barcelona (Spain).

#### **Discussion Groups - Session 3**

*The patient's functional integration*. Ferdinand Cuvelier, Relatie-Studio, Ghent (Belgium).

#### **Discussion Groups - Session 4**

The notion of psychic change in the master's teaching in psychoanalitic psychotherapy of the Madrid Complutense University. Gerardo Gutierrez Sanchez, Director Máster Psicoterapia Psicoanalítica de la Universidad Complutense de Madrid, (Spain).

### **SUNDAY - JULY 5**

#### (Times of events have not yet been set)

#### **Plenary Sessions:**

Integrating directive and non-directive approaches to psychotherapy: the client as active self-healer. Arthur C. Bohart, Department of Psychology, California State University Dominguez Hills, (U.S.A.).

#### **International Round Table:**

Situation of integration outside North America. Participants from various countries.

#### Symposia:

#### I - Integration: How possible is it?

The psychotherapeutic theory of the 4 systems. Luis Gamito (chair), Hospital Julio de Matos, Lisboa (Portugal).

*Clinical sexology: convergence points of therapeutic approaches.* Jose Pacheco, Hospital Julio de Matos, Lisboa (Portugal).

Group intervention for drug addicts. Graca Vilar, Centra das Taipas, Lisboa (Portugal).

*Two theories in co-therapy: dialog and articulation*. Ernesto Fainblum, Psicoanalista (Portugal).

#### **II - Emotions in cognitive interventions**

The integration of emotional and cognitive approaches in the promotion of self-caring in highly distressed clients. Lome Korman, Addiction Research Foundation, Mental Health Clinic, Toronto (Canada).

*Monster therapy: an integrated approach to personifying the negative process.* Patrick D. Smith, Addiction Research Foundation, Toronto Ontario (Canada).

*Emotional self-care and parenting: focusing on feelings in the cognitive-behavioral parenting group.* Cognitive-Behavioral parenting groups, Jonathan Stern, Pace University, New York (U.S.A.).

**III** - How can supervisions help trainees find out: what works best for whom in different settings?

How can we guide supervisees in making the best use of resources available within different settings to achieve the greatest benefit for their clients/patients. Supervision involves the judicious use of roles, tasks, functions and skills to focus on how particular factors are combined to help supervisees evolve appropriate diagnosis and treatment plans. Anthony Roth, University College London Doctoral Programme in Clinical Psychology, London (U.K.); Graham Curtis Jenkins, Director of the Counseling in Primary Care Trust; Isabel Cristina Goncalves, University of Lisbon, (Portugal); Hilde Rapp, President of the British Institute of Integrative Psychotherapy, London (U.K.).

#### **Individual Papers - Session 6**

*Therapists' feared scenes.* Eduardo Newark, H.Molinuevo & S.Vasallo, Buenos Aires (Argentina).

*Existential-humanistic-cognitive therapy: an integrative approach for treatment of depression.* Ronald Collins, Lauderdate, Florida (USA).

*Integrative counseling of victims of organized violence.* Karl Peltzer, Dept. of Psychology, University of the North, Sovenga (South Africa).

*Integrated psychotherapy, a holistic method.* M<sup>a</sup> Jose Dominguez Diaz, Private Practice, Madrid (Spain).

**Individual Papers - Session 7** 

*Resistance in couples therapy: different therapeutic approaches.* 

Jose Diaz Morfa, Asociacion Espanola de Sexologia Clínica, (W.A.S.) y (E.F.S.), Presidente de la AESC, Madrid (Spain).

Integrative functional neuropsychology: a theoretical model and its applications in child therapy. Odeda Peled, Integrative Psychotherapy Center, Israel.

*Psychotherapy from a day hospital.* R. Guinea, et al., Hospital de Dia Madrid, Madrid (Spain).

Support psychotherapy: in praise of an integrative therapy. Javier Ramos Garcia, SSM Arganzuela, Servicio de Psiquiatría, Hospital Universitario "12 de Octubre", Madrid (Spain).

#### **Discussion Groups - Session 5**

*The usefulness of eclecticism and integration in psychotherapy.* Winfred Huber, Professor of Psychology, (Belgium).

#### **Discussion Groups - Session 6**

Psychotherapy Integration and the Training of Psychotherapists: The Experience of the Masters in Cognitive/Social Therapy (University of Barcelona) and Clinical Psychology and Psychotherapy (Ramon Llul University). Manuel Villegas, Departamento de Psicología Básica, (Barcelona); Luis Botella & Meritxell Pacheco, Facultad de Psicología y Ciencias de la Educación Blanquerna, Departamento de Psicología Clínica, Universidad de Ramón Llull, Barcelona (Spain).

SEPI XIV Conference	Registration Form
---------------------	-------------------

Name:

Surname:

Organization: \_\_\_\_\_ Mailing Address: Postal Code:

City/State/Zip: Country/Pafs: Phone:\_\_\_\_\_

Fax:\_\_\_\_\_ E-mail:

#### ALL PRESENTERS MUST REGISTER

#### **HOTEL INFORMATION**

Recommended Hotel: Hotel NH Nacional \*\*\*\* c/ Paseo del Prado 48 Madrid 28014 Telf:(34)(91)(4296629) Fax: (34)(91)(369I564) How to get to the Hotel: 20 minutes from the airport. Taxi: \$10.00 US Dollars

In 500 meters around the Hotel you can find: Museo del Prado, Museo Reina Sofía, Jardín Botánico, Fundacion Thysen-Bornesmiza, Estación de Atocha con tren AVE a Sevilla en 2 h, Zona antigua de Madrid Cargada de encanto en los alrededores

HOTEL RESERVATIONS		
Organization:	Surname:	
Mailing Address: Postal Code: Country/Pafs:	City/State/Zip:	
HOTEL NH NACIONA		
E-mail: Day of Arrival: Single or double room 11.000 pts/night(Abour		
<u>Hotel NH Nacional***</u> (3691564). To ensure the attending the SEPI configueranteed by a major of for the Hotel cover from	le for making their own reservations. Reservations must be called in d *. <u>C/Paseo del Prado 48 Madrid 28014 Telf: (34) (91) (4296629): Fa</u> hat you receive the special convention rate, attendees must identify the erence. Convention room rates are valid from July 2-5, 1998. Reservat credit card. All reservations must be received no later than June I, 1999 n Thursday to Saturday night at 11.000 pts/night. An extra charge of 1 lied to those who arrive before or leave the hotel later.	ax: (34) (91) hemselves as tions must be 98. The rates
	Departament of Psycolo California State Un Domingu 1000E. Victori Carson, CA	niversity lez Hills ia Street

Sepi: Society for the Exploration of Psychotherapy Integration Fourteenth annual Conference